

## Your Top Rated Skating Club!

The **Tri Area Skating Club** is proud of its history of providing quality skating instruction. A variety of skating lessons are available by fully certified professional coaches with group or personalized training.

The Tri Area Skating Club is dedicated to the principle of enabling skaters to participate in skating throughout their lifetime for fun, fitness and achievement.

We are a non-profit organization. We welcome sponsors; please contact us how your dollars can gain advertisement for your company.

TASC reserves the right to change/cancel any sessions due to registrations. No refunds after 2<sup>nd</sup> week for all programs



**Skate Canada**

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## Professional Coaches

We offer nationally trained NCCP Certified coaching staff.

For any questions on coaching for

Group Programs

Or to make arrangements for Private STARSkate coaching

please contact:

**Tanya Bray**  
**Head Coach & Club Director**  
pt.bray@hotmail.com

**ON-LINE Registration  
opens March 20, 2023:  
9 AM**

[www.triareaskatingclub.com](http://www.triareaskatingclub.com)

[info@triareaskatingclub.com](mailto:info@triareaskatingclub.com)



**Tri Area Skating Club**  
P.O. Box 3893  
Spruce Grove, AB T7X 3B3  
Phone: 780-201-8558

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# Tri Area Skating Club

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*Proudly Serving these Communities!*

***Spring 2023***

***Apr 3 – May 19, 2023***

***Skating Program***

Our Vision:  
*We are a family-valued skating club, focused on developing the best skaters.*

## GROUP PROGRAMS

**\*\*A CSA-approved HOCKEY HELMET is mandatory for all GROUP PROGRAMS! (Excluding Junior Academy)**

**\*\*Sign up for both days and receive 10% off at checkout. (Only applies to same skater)\*\***

**PRECANSKATE:** This Learn-to-Skate Program is an introduction to skating primarily through games, circuits and creative expression, in a safe and fun environment.

Skaters must be 3 yrs old by Mar 1, 2023.

**Tues** 6:00pm – 6:30pm (TLC)

**Weds** 4:30pm – 5:00pm (TLC)

**Fees:** \$125 + \$44\* (7 Classes)

**CANSKATE:** Skate Canada's Learn-to-Skate Program. Participants earn badges/ribbons while focusing on 3 fundamental areas (Agility, Balance and Control) divided into 6 stages. Music, warm-up, lessons, fun zone, fast track and cool down provides an exciting and fun group program.

Skaters must be 5 yrs old by Mar 1, 2023 or have passed the PreCanSkate Program.

**Tues** 6:00pm – 6:45pm (TLC)

**Weds** 4:30pm – 5:15pm (TLC)

**Fees:** \$140 + \$44\* (7 Classes)

**ADVANCED CANSKATE:** An Advanced Group Learn-to-Skate Program for those skaters wanting to continue working on their CanSkate Badges in a more challenging environment, from Stage 3–6. Skills will include crossovers, turns, 1 foot skating, jumping, and drills to enhance your speed and power. Must have minimum one Stage 3 ribbon. Skaters will move into this program upon approval of the Group Program Coordinator.

**Mon** 6:45pm – 7:30pm (TLC)

**Tues** 6:45pm – 7:30pm (TLC)

**Fees:** \$140 + \$44\* (7 Classes)

### **PREPOWER**

Full hockey / ringette equipment recommended

PrePower skaters looking to develop basic skating abilities past the CanSkate program in a power skating-specific environment. *Classes are 45 minutes.*

**Tues & Fri** 6:45pm – 7:30pm (TLC)

**Fees:** \$220 + \$44\* (13 Classes)

***\*Skate Canada Fee is Non-Refundable.  
Covers skaters for one skating season  
Sept 2022-Aug 2023***

### **REFUND POLICY:**

**\*\* No Refunds after 2<sup>nd</sup> week of skating (unless shutdown is ordered)**

***NO FUNDRAISING REQUIRED  
FOR SPRING SESSION  
REGISTER EARLY AS CLASS SIZES  
ARE LIMITED!***

**JUNIOR ACADEMY:** Group Learn-to-Figure Skate Program is a skater's first introduction to the STARSkate Program designed to focus on all disciplines of figure skating. Skaters must have complete Stage 4 Badge and enter this program upon approval of club director.

**Mon & Fri** 6:45pm - 7:30pm (TLC)

**Fees:** \$240 + \$44\* (13 Classes)

**TEEN 12+** Have a Teen who would like to Learn-to-Skate or improve skating skills? We have a few options for you.

For details contact us at  
info@triareaskatingclub.com

## **STARSKATE/COMPETITIVE:**

*Spring Session Apr 3 - May 19, 2023*

The sessions are designated with Star 1–10 terminology. The level each skater is placed at is based on an average of their assessments/tests passed. Your child's coach will notify you of their level so you can register for the correct sessions

***Recommendations:*** Star 1-3 Skate 2+ days/wk, Star 4-10 skate 5 days/wk for maximum potential.

Monday – Friday Ice Times  
Star 1-10 Sessions

*\*Refer to Ice Schedule for days/times*