



# TRI AREA SKATING CLUB

## Parent Code of Conduct

### 2024/2025 Skating Season

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#### **Creating a Positive Atmosphere**

Keep in mind that your child may spend more time at the arena than they do at home. We **all** play a role in creating an atmosphere that teaches our young children positive life skills. As the saying goes, "It takes a village to raise a child". Everyone needs to do their part. Gossiping or putting down other skaters/coaches or parents is not the life lesson we want our kids to learn.

#### **Competitions & Test Days**

At competitions, your child first and foremost represents the Tri Area Skating Club. Teach your children to be humble winners and to learn from their mistakes. Refrain from talking about other competitors, clubs, judges, or coaches until you are in the privacy of your own home. Judges look like normal people and will often check results just like everyone else. Also discuss your child's report card in private or away from other skaters, coaches, and most importantly judges.

At test days, if your child is testing at a Tri Area Skating Club hosted test day, you will be expected to volunteer. This includes playing music and other duties as required.

#### **Issues/Concerns**

Issues and conflicts will always arise; it is how we react that shows our character. All issues or concerns should be brought forward to the Club Director or Head Coach's attention. Please don't spread gossip or rumors to other parents and go directly to the person who can help solve the issue. Your director and head coach (Danielle and David) are there to help and will work diligently to find a solution.

#### **Leave the Coaching to the Coach**

Your role on the parent-coach-athlete team is as a **Support Role** with a capital **S!** You need to be your child's best fan. Unconditionally! Leave the coaching and instruction to the coach. Provide encouragement, support, empathy, transportation, money, help with fund-raisers, etc., but... do not coach! Most parents that get into trouble with their children do so because they forget to remember the important role that they play. Coaching interferes with your job as a supporter and fan. The last thing your child needs and wants to hear from you after a disappointing performance is what they

did technically or strategically wrong. The biggest danger about giving your child advice is that you might be making their error worse instead of better. Trust your coach!

## **Our Vision**

Our vision is not only to create great skaters but to also create strong, confident young athletes. To create an empowering environment to teach life skills and lessons that will allow them to become strong leaders in all aspects of their life.

## **Parent Code of Conduct**

### **Skate Canada**

Skate Canada is committed to ensuring that all skaters have the opportunity to participate in a safe and welcoming environment that is encouraging and promotes their overall development. Parents have an enormous influence on skaters' experiences in the sport. The quality of a skater's experience is determined by their relationships with parents and the manner in which parents conduct themselves in the Skate Canada environment.

In this code "parents" shall refer to "parents and guardians". This code applies to all parents who are members of Skate Canada or have children who are members of Skate Canada. Parents shall abide by this code at all times while participating in any Skate Canada club or school, competition, or activity.

- All parents are expected to conduct themselves in a responsible manner consistent with the values of fair play, integrity, open communication and mutual respect
- Parents shall always model positive responsible behavior and communicate with their son/daughter that they expect them to do the same. Parents will assume the major responsibility for their son/daughter's on-ice conduct and attitude.
- Parents shall at all times treat all individuals and property with dignity, courtesy, and respect, including but not limited to skaters, coaches, officials, volunteers, other parents, and all other individuals that are part of the club, skating school, Section or Skate Canada.
- Parents shall refrain from any behavior, or comments, which are profane, insulting, harassing, sexist, racist, abusive, disrespectful or otherwise offensive without hostility or violence.
- Parents shall emphasize the importance of values like sportsmanship, respect, cooperation, competition, and teamwork to their son/daughter offering praise for competing fairly, participation, and skill development.

- Parents shall model and encourage their son/daughter to maintain a healthy balance between skating and life. (i.e., school, other activities, social life, etc.)
- Parents shall model and encourage balanced, healthy food choices and subscribe to an active and healthy lifestyle.
- Parents shall set high, but reasonable expectations for their son/daughter's participation in skating focusing on development and enjoyment for the child.
- Parents shall instill confidence in their son/daughter's ability and skill development, always avoiding comparisons with other skaters.
- Parents shall celebrate the acquisition of skills and goals achieved by their son/daughter.
- Parents, along with the professional coach and the athlete, shall be considered members of a team whose main concern is the child's overall progress and development. Parents shall respect that the professional coach is responsible and empowered for the on-ice and off-ice development of the athlete. A parent's role shall be to take a healthy interest in their child's progress and development and be responsible for the child's nutrition, rest, adherence to off-ice training regimen set by the coach or other fitness professionals, overall health, life-balance, and moral and emotional support.
- Parents shall ensure their son/daughter wears proper skating clothing and equipment.
- Parents shall never provide alcohol or drugs to minors in a Skate Canada environment.
- Parents shall never provide or advocate the use of performance-enhancing drugs or substances.
- Parents shall avoid any conduct, which brings their club, skating school, Section or Skate Canada, into disrepute, including but not limited to abusive use of alcohol, non-medical use of drugs and gambling.
- Parents shall openly support and uphold this code of conduct policy and take action and steps to ensure other parents follow and uphold this code of conduct policy.
- Parents shall adhere to the policies, procedures, rules, standards, and ethics of Skate Canada at all times.

### **Member Not In Good Standing**

**Tri Area Skating Club will remain true to its vision. Members knowingly breaking the above-outlined parent agreement will be deemed as members, not in good standing.**