



HEALTH SCREENING QUESTIONNAIRE *(Updated October 9, 2020)*

This questionnaire must be completed daily by each individual **prior** to participation in any Skate Canada Alberta-NWT/Nunavut Section events or activities. Information must be recorded and initialed by the individual responsible for tracking attendance on the Participant Tracing Log.

If an individual answers **YES** to any of the questions, they **must not** be allowed to attend or participate in the sport or activity. Children and youth will need a parent to assist them to complete this screening tool.

*Individuals with fever, cough, shortness of breath, runny nose, or sore throat, are required to isolate for 10 days per CMOH Order 05-2020 unless they receive a negative COVID-19 test and are feeling better. Use the AHS Online Assessment Tool to determine if testing is recommended and follow information on isolation requirements

1.	Does the attendee have any new onset (or worsening) of any of the following symptoms?	CIRCLE ONE	
		YES	NO
	Fever*	YES	NO
	Cough*	YES	NO
	Shortness of breath / Difficulty breathing*	YES	NO
	Sore throat*	YES	NO
	Runny Nose*	YES	NO
	Chills	YES	NO
	Painful swallowing	YES	NO
	Nasal congestion	YES	NO
	Feeling unwell / Fatigued	YES	NO
	Nausea / Vomiting / Diarrhea	YES	NO
	Unexplained loss of appetite	YES	NO
	Loss of sense of taste or smell	YES	NO
	Muscle / joint aches (unrelated to training)	YES	NO
	Headache	YES	NO
	Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Has the attendee travelled outside of Canada in the last 14 days ¹ ?	YES	NO
3.	Has the attendee had close contact ² with a confirmed case of COVID-19 in the last 14 days?	YES	NO
4.	Has the attendee had close contact with an individual who has any one of the first 5 symptoms on this list (shaded) AND who is a close contact of a confirmed case of COVID-19 in the last 14 days?	YES	NO

¹Individuals legally required to quarantine for 14 days when entering or returning to Alberta from outside Canada

²Face-to-face contact within 2 metres. A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact.

If you have answered YES to any of the above questions do not participate. Proceed home and use the [AHS Online Health Assessment Tool](#) to determine if testing is recommended