



TRI AREA SKATING CLUB



2020/2021 GROUP STARSKATE NEWSLETTER

WELCOME TO THE GROUP STARSKATE PROGRAM

** 2020-2021 SEASON **

This program has been designed to focus on all 4 disciplines of figure skating in a group format... this includes freeskate, dance, skills, and artistic.

Each group session includes on-ice group lessons & practice.

During practice sessions, skaters are expected to keep moving and work on skills and elements learned that day in their lessons.

Group StarSkate has the option between 1 to 2 days per week, 9 and 10 classes offered or full year.

Days offered are (Tuesday/Friday). The more days per week, the faster your child will progress.

Skaters must have complete Stage 4 Badge and approval of the Head Coach and/or Group Program coordinator to register in this program.

Special Events:

- Christmas Gala & Family Skate - **Tentative**
December 18, 2020
Gala 4:30 – 5:45 pm; Family Skate 5:45 – 6:30 pm
Glenn Hall Centennial Arena
- Year End Exhibition - **Tentative**
March 14, 2021
1:30 – 3:00 pm
Glenn Hall Centennial Arena

Our Private Club Program Coaches:

Tanya Bray, Kathy Burzminski (Head Coach), Jordi Cocks, Christine Parker (Group Programs Coordinator), and Tara Parsons

EQUIPMENT, RULES, AND GUIDELINES

- Skaters must make every effort to be on time for all sessions.
- On Ice Attire: Athletic Clothing, Skating Dress w/tights, skating skirt or shorts w/tights and sweater, skating pants or tight ankle leggings. No Jogging Pants, Jeans or Hoodies.
- On Ice Appearance: All skaters' hair must be out of their face. Pony tails, braids, buns, clips are all acceptable. **No bobby pins in skaters' hair.**
- Must wear mitts or gloves. Mitts tend to keep the hands warmer for a longer period of time.
- No food, gum, or sugar drinks permitted on the ice, only water bottles.
- For the safety, productivity and enjoyment of all, un-sportsmanlike behavior or undesirable language will not be tolerated.
- Skaters are expected to stay with their assigned group at all times.
- For safety, skaters must notify a Coach before leaving the ice for any reason.
- Parents are asked to observe sessions from the bleachers or the Lobby. Parents are not allowed in the player's box or dressing room areas
- Skaters need to respect all coaching staff and fellow skaters.
- Seek advice of a Club Coach to assure you buy the appropriate level of skate for your child.

A REMINDER: When you purchase new skates, they must be sharpened before skating for the first time.

All Covid-19 Protocols and Procedures must be followed at all times.

Please check our website often for any changes

For more information or if you have any questions or concerns please contact:

Tri Area Skating Club

P.O. Box 3893 Spruce Grove, AB T7X 3B3

triareaskatingclub@gmail.com

www.triareaskatingclub.com

